

CREATE YOUR



Think of this worksheet like a "bucket list".

Use the guidepost prompts to decide  
how you'll have fun and spend your  
**(day/week/season/year)**  
and be able to record it to savor the  
memories and new experiences.

This is a great tool to use as a  
family or with your kids.

"Today is your Someday, it's your time  
to create the life you yearn for..."



Rock \* Paper \* Sistas'

# *Living* **ALL IN** *List*

*For this:*

*Create*

**BE**

**FEEL**

*Love*

**NOTICE**

**LAUGH**

*Go*

*Play*

**MAKE**

*Bake*

**GROW**

*Dream*

**READ**

**LIVE**

*Collect*

**MEDITATE**

**THINK**

*Dance*

**BUILD**

**LISTEN**

Living Your List? *Share it!*

INCLUDE THE HASHTAG #LivingALLin